

Storytelling Prompts: Creating your Submission for the Veterans History Project

How did you come to be the person you are today?

- a Mom (biological, step, adopted, foster, stay-at-home or career, neuro- or physically divergent kids, miscarriages, loss)? Or didn't experience parenting?
- a leader of (a nonprofit, business, pick-up sports team, book club); entrepreneur; writer; lawyer; musician; survivor of a life-altering illness; became differently abled; involved with animals; etc. etc.?
- any " how I came to be" experience in your life you would like to share

Is there a greatest joy you've experienced in life? Greatest sorrow/grief? Greatest sense of achievement/persistence/resilience? Tell us a story about one or some of these.

Was there a pivotal moment that influenced your career choice decision?

Were there any unexpected turns in your professional career (any career) journey, and how did you navigate them?

How did you balance personal life and career advancement, especially in a demanding profession like the military?

What has been the greatest struggle or challenge you've faced since graduating from the Academy? How did you overcome it, and what lessons did you learn?

Did you face any challenges specific to being a woman in your field? How did you overcome these?

What role has resilience played in your personal journey? professional journey? Can you share a time when resilience was key to your success (personal or professional)? Perhaps your very survival?

Looking back, what would you tell your younger self as you were starting your journey after the Academy? What wisdom or perspective do you have now that you didn't have then?

Are there any personal philosophies or guiding principles you live by that have shaped your post-Academy life? What are they? How did they help?

How did/does your military service experiences affect your life? What are some life lessons you learned from your military service?

Has your military service impacted your feelings about war and the military in general? If so, how?

What do you wish more people knew about veterans? Women veterans?

What legacy do you hope to leave behind, either professionally or personally?

How would you like to be remembered by those you worked with or mentored?

What do you want people to know or remember about your story?